



# CASA DEL FARO

## SPA MENU

### **RELAXING MASSAGE**

This classic full body massage increases circulation, stimulates the nervous system, and induces natural relaxation. During this process you are given peace and inner tranquility.

60 minutes \$140 | 90 minutes \$180

### **DEEP TISSUE MASSAGE**

This massage addresses the deepest muscular masses within, decreasing tension and chronic muscular discomfort associated with an active lifestyle.

60 minutes \$140 | 90 minutes \$180

### **THERAPEUTIC MASSAGE**

An exclusive massage, developed especially for you. Consisting of various manual manipulations that are concentrated in improving any tensional, muscular, or even circulatory imbalance. This massage will assist you in fighting pain with different techniques such as friction, kneading and percussion are used. Improving blood flow, oxygenating the tissue, and giving complete and total relaxation.

60 minutes \$140 | 90 minutes \$180

### **AROMATHERAPY MASSAGE**

A direct relaxation exists between what we smell and our mood. The aromatherapy massage is an art that operates through the masseuse, the person receiving the massage and the aroma of the oils. Therapeutic grade essential oils are blended to create a massage oil providing a multitude of benefits tailored to your specific needs and preferences.

60 minutes \$140 | 90 minutes \$180

### **HOT STONE MASSAGE**

Combining the traditional therapeutic massage and the application of stones in varying temperatures placed on the skin. The process facilitates vital energy to flow and elevate physical and emotional disorder.

60 minutes \$140 | 90 minutes \$180

### **REFLEXOLOGY MASSAGE**

Foot reflexology massage drifts the patient into a state of total relaxation which facilitates our body to unblock its own defense mechanisms.

60 minutes \$140 | 90 minutes \$180



# CASA DEL FARO

## SPA MENU

### **PRENATAL MASSAGE**

Performed during the third trimester and up until hours before birth. This massage improves circulation and relaxes high tension zones such as the hips and lower back. This technique aids in the baby's growth and the mother's well-being.

60 minutes \$140 | 90 minutes \$180

### **HYDRATING FACIAL**

This treatment is ideal in rapidly recovering hydration, tone, and natural shine in the skin. It leaves the skin radiant and revitalized. Ideal for malnourished and rehydrated skin. Usually applied on the face and neck, which is an area that is frequently neglected and subject to great dehydration. \$150

### **MANICURE**

Fabulous manicure that calms and revitalizes. The process begins with a traditional manicure, following a hand exfoliation and nutritious mask that will leave your hands soft and hydrated. \$80

### **PEDICURE**

A spa pedicure that touches and calms your spirit. Our treatment provides immediate comfort for your feet, leaving them refreshed, revitalized, and rejuvenated. Includes exfoliation and massage. \$70

